

Information For the Use

DHA 100mg + Dietary Fibere 2.5 + Vitamin A 2000 IU + Vitamin D 200 IU + Vitamin E 15 IU + Vitamin C 40 + Vitamin B1 1.1mg + Vitamin B2 2.1mg + Niacinamide 18mg + Pantothenate Acid 1.5mg + VitaminB6 2mg + Folic Acid 100mcg + Vitamin B12 1mcg + Biotin 30mcg + Iron 17mg + Calcium 600mg + Phosphorus 600mg + Mangnesium 310mg Zinc 4.4mg + Iodine 88mcg + Copper 480mcg + Sodium 420mg + Potassium 800mg + Chloride 240mg

Proglee DHA Choco Protein Powder

DHA 100mg + Dietary Fiber 2.5g + Vitamins and Minerals Protein Powder

This comprehensive **DHA + Vitamins & Minerals Protein Powder** is designed to support your overall health, providing essential nutrients to boost your immune system, enhance energy, and maintain a balanced diet. It combines **DHA** (Docosahexaenoic Acid) with a rich blend of vitamins, minerals, and dietary fiber to promote heart, bone, and brain health, as well as to improve digestion and energy levels. Perfect for individuals seeking a complete nutritional supplement that supports various aspects of health and wellness.

- **DHA (100mg):** A crucial omega-3 fatty acid known for its benefits to brain health, cognitive function, and heart health. DHA also plays a vital role in eye health and fetal development during pregnancy.
- **Dietary Fiber (2.5g):** Essential for digestive health, fiber supports regular bowel movements and helps maintain a healthy gut microbiome, while also contributing to the feeling of fullness and assisting in weight management.

Vitamins and Minerals Included:

- **Vitamin A (2000 IU):** Promotes healthy vision, supports immune function, and contributes to skin health.
- **Vitamin D (200 IU):** Essential for calcium absorption, promoting strong bones, and supporting immune system function.
- **Vitamin E (15 IU):** A powerful antioxidant that helps protect cells from oxidative damage and supports skin and hair health.
- **Vitamin C (40mg):** Enhances immune function, supports skin health, and helps in the absorption of iron.
- **Vitamin B1 (1.1mg):** Supports energy metabolism and healthy nerve function.

- **Vitamin B2 (2.1mg):** Important for energy production, skin health, and the metabolism of fats, proteins, and carbohydrates.
- **Niacinamide (18mg):** Supports energy production, promotes healthy skin, and helps in digestion and nerve function.
- **Pantothenic Acid (1.5mg):** Essential for the metabolism of proteins, fats, and carbohydrates, and contributes to overall energy levels.
- **Vitamin B6 (2mg):** Important for brain health, mood regulation, and red blood cell formation.
- **Folic Acid (100mcg):** Helps in the formation of red blood cells and is crucial during pregnancy for fetal development.
- **Vitamin B12 (1mcg):** Supports energy production, red blood cell formation, and nerve health.
- **Biotin (30mcg):** Essential for the metabolism of fats, proteins, and carbohydrates, and supports healthy hair, skin, and nails.

Minerals Included:

- **Iron (17mg):** Helps form hemoglobin and ensures the proper transport of oxygen in the blood, preventing iron-deficiency anemia.
- **Calcium (600mg):** Essential for strong bones and teeth, and supports muscle and nerve function.
- **Phosphorus (600mg):** Works with calcium to maintain strong bones and teeth and supports energy production.
- **Magnesium (310mg):** Contributes to muscle function, nerve function, and bone health.
- **Zinc (4.4mg):** Supports immune function, skin health, and helps with wound healing.
- **Iodine (88mcg):** Crucial for thyroid function and metabolism regulation.
- **Copper (480mcg):** Important for iron absorption, red blood cell production, and the formation of collagen.

- **Sodium (420mg):** Helps maintain proper fluid balance and supports nerve function.
- **Potassium (800mg):** Supports heart health, muscle function, and maintains fluid balance.
- **Chloride (240mg):** Helps maintain the balance of fluids in the body and supports proper digestion.

- This product is a dietary supplement and should not be used as a substitute for a balanced diet.
- Consult a healthcare provider before use, especially if you are pregnant, breastfeeding, or have any underlying health conditions.
- Store in a cool, dry place and keep out of reach of children.

Key Features:

- **Comprehensive Nutritional Support:** Offers a complete blend of essential vitamins and minerals to support daily health and wellness.
- **Supports Digestion and Gut Health:** Dietary fiber aids in digestion and helps promote regular bowel movements.
- **Promotes Bone, Heart, and Brain Health:** DHA, Calcium, Phosphorus, Magnesium, and other key nutrients work together to support bones, heart, and cognitive function.
- **Boosts Immune Function:** With vitamins like Vitamin C, Vitamin D, Zinc, and Iron, this protein powder helps to strengthen the immune system.
- **Promotes Healthy Skin, Hair, and Nails:** Biotin, Vitamin E, and other nutrients contribute to glowing skin and healthy hair and nails.

Benefits:

- Supports optimal brain, heart, and bone health.
- Promotes digestive health with fiber and essential nutrients.
- Enhances immune function and energy levels.
- Contributes to strong bones, muscles, and skin health.
- Ideal for daily supplementation to fill any nutritional gaps in your diet.

How to Use: Mix the recommended serving of protein powder with water or your favorite beverage (usually 200-300ml), stir well, and consume as part of your daily routine. Best taken once daily, or as directed by your healthcare provider.

Important Information:

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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